

## Supporting Teaching and Learning in Physical Education and School Sport

This Apprenticeship framework is to meet the needs of employers and provides a vocational pathway into the provision of Children's Physical Activity and School Sport delivery and development. The framework will ensure that there are suitably qualified people with the knowledge, understanding and competency to deliver, plan, organise and assess the learning of children in a range of environments including the community and schools.

This Apprenticeship can provide a much needed progression opportunity for Apprentices on an intermediate level programme as well as progression for those already working across the sector, emphasising the sector's commitment to development. This advanced level programme is also suitable for those who wish to change their careers and retrain to enter the sector at this level. Many people working with children co-ordinating and delivering physical activity and school sport will be expected to hold a degree level qualification. This framework provides a clear pathway into the sector for situations where the vocational route is appropriate and could be particularly useful for Apprentices who have been former recipients of activity leadership coaching awards before striving to progress to a physical activity, school sport role.

The expectation is that the achievement of this framework will require a minimum duration of 12 months.

### Quick Information:

#### Modern Apprenticeships designed with employers

**Sector:**

Schools

**Who is it for?**

New recruits and existing staff

**Start date:**

August 2018

**Level:**

Level 3

**Duration:**

12 months minimum

**How does it work?**

**Content:**

Key competence and knowledge to suit your organisation

**Assessment:**

Work-based assessments throughout the course

**Qualification:**

- NVQ Diploma in Supporting the Delivery of Physical Education and School Sport (QCF)
- Award in Employment Awareness in Active Leisure and Learning (QCF)



## **Key Areas of Study**

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This qualification introduces (or consolidates knowledge, depending on previous experience and qualifications) learners to a number of roles in providing Physical Education and School Sport (PESS). While it is delivered through the medium of PESS, the skills may be used by learners aspiring to work in other sporting roles, such as coaching.

This qualification will develop the learner's knowledge and skills in order to be able to independently lead the delivery of PE and sport programmes in a school sport environment.

A PE and Sport Apprentice studying at Level 3 will be working towards completion of the following 12 units:

- Communication and professional relationships with children, young people and adults
- Schools as organisations
- Understand child and young person development
- Understand how to safeguard the wellbeing of children and young people
- Support assessment for learning
- Plan physical education and school sport programmes
- Deliver physical education and school sport programmes
- Review the delivery of a physical education and school sport programme
- Organise and lead a sports event or competition
- Preparing for the mentoring role
- Support gifted and talented learners
- Facilitate community-based sport and physical activity

## **Aims and objectives of this framework**

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This Apprenticeship has been developed to support the achievement of the government's School Sport Policy and lasting legacy of the 2012 Games. Providing learners to deliver/support the delivery of low risk activities that contribute to a physical education and school sport programme through curriculum based and/or extra-curricular activities (including holidays).

This programme prepares learners for employment in a school sport setting through providing an introduction to opportunities for them to work as a physical education and school sport professional e.g. as a higher level teaching assistant (HLTA), teaching assistant (TA), sports coach, sports development officer, sports volunteer or sports leader.

There are a number of deficiencies in the school sports provision arena, which this framework will address:

- Primary school teachers receiving less than 10 hours training in delivering physical education during their teacher training
- England is currently the 5<sup>th</sup> unhealthiest country in the world and it is a government priority to tackle this trend
- The reduction in central government funding for School Sport Partnerships which has led to an increase in private providers supporting schools to offer cost-effective provision to increase physical activity levels in/out of school
- Almost a quarter of children are overweight or obese by the time they start primary school, and more than a third are unhealthily heavy by the time they leave

Employer groups and technical experts were consulted and carried out research with over 5,000 employees through which identified the following challenges relating to the sector:

- Rapid sector growth through increased funding into primary school sport & Olympic legacy requirements
- A poor range of existing qualifications to meet the current role requirements hence the development of a new Children's Activity Professional Apprenticeship framework
- An industry commitment to ensuring career progression, formalised management training or succession planning, to ensure the workforce can react and deliver to the wider remit of the sector supporting key agendas around health, education, changes to school sport and participation

There is currently a high demand for qualified and skilled workers within this growing industry and without this Apprenticeship framework there would be a significant gap.

This framework aims to ensure that the workforce can support children and young people to participate in school sport and physical activity. It is also seen as the role of this framework to ensure the workforce can develop and deliver high quality physical activity sessions for children including:

- Supporting gifted and talented children/young people
- Facilitating community-based sport and physical activity
- Deliver physical education and school sport programmes with clear curriculum links and progression
- Understand child and young people development
- Understanding of schools and how physical activity influences education
- Support the assessment of children in learning through physical activity
- Providing those contributing to physical education and school sport activity programmes with a greater understanding of the national curriculum for physical education and the environment in which they operate
- Improve the quality of delivery of physical education and school sport activity programmes
- Provide Key Stage 1 and 2 pupils with a better experience/engagement of physical education and school sport activities
- Ensure physical education and school sport activity programmes (including curricular and extra-curricular activities) are delivered to meet the low risk areas of the national curriculum for physical education
- Provide physical education and school sport professionals, such as sports coaches, with an opportunity to be supported to develop their knowledge and understanding of how to effectively plan, conduct and evaluate a physical education and school sport programme that includes curriculum and extra curriculum activities

In addition all learners will fully understand how to safeguard the well-being of children and young people in their environment. The Apprenticeship also provides progression beyond the delivery of physical activity sessions in a range of environments: it covers communication and professional relationships with children, young people and adults, and organising sports events and competitions.

The framework clearly addresses the need for fit for purpose training programmes in providing and up-skilling current workforce as well as supporting participating organisations with capacity building to meet the sector requirements.

## **Training, Tutoring and Assessment**

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The whole programme takes 12 months to complete. The pace at which the learner progresses will be driven by you and the learner. We will work closely with you to plan and deliver appropriate support and training. Your learner will mainly learn on the job, but training and one-to-one tutoring are also a key part.

There is an expectation that the learner will attend college to attend technical workshops and practical sessions once a fortnight for the duration of the programme. These sessions will give an overview of the Apprenticeship and look at what is required, incorporating a group input session about the particular unit of study, followed by time to work individually on assignments, discuss queries and problems, receive feedback on work completed, submit work and plan targets.

Whilst at college, your learner will receive training to cover the technical diploma units of the qualification. They will also start to build up their portfolio of evidence. In the workplace, we will offer support to you and your learner throughout the whole of their Apprenticeship, set objectives for development, carry out reviews and assist the learner to build up their portfolio of evidence.

We will carry out joint reviews with you at regular intervals to discuss progress. You can use your normal performance management processes to monitor the progress of the learner, provide feedback and guide development.

The learner's portfolio of evidence for both the NVQ and technical diploma will be assessed to determine whether the individual has the required underpinning knowledge and competency to undertake the job role.

## **Apprentice Entry Requirements**

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As the employer you will set the recruitment and selection criteria for your Apprentice. Typically candidates will have 5 GCSEs at Grade C/4 or equivalent, including English Language and Maths. A keen interest in sport/coaching would also be desirable.

## **Progression Opportunities**

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Progression from this Apprenticeship framework includes providing an introduction to opportunities for them to work as a physical education and school sport professional e.g. as a higher level teaching assistant (HLTA), teaching assistant (TA), sports coach, sports development officer, sports volunteer or sports leader.

- This framework also provides learners with guidance on further opportunities including how to: contribute to physical education and school sport programmes as a sports coach, sports leaders and teaching assistant roles
- Make informed choices about an appropriate career in physical education/activity and school sport including potential of becoming a PE teacher or support staff within education (primary & secondary)

This framework can also provide progression into management and assessing roles within the sector and across sectors including sport, health and fitness, and leisure.

## More information

To find out more about the opportunities and financing of Apprenticeships, and to discuss your particular requirements, please email [employer@sheffcol.ac.uk](mailto:employer@sheffcol.ac.uk) or call **0114 260 2600** to speak to one of our friendly employer advisors.

## Why choose The Sheffield College?

As one of the region's largest providers of Apprenticeships, The Sheffield College is more than just your local provider; we deliver the dedicated support you need to source, train and get the best out of your Apprentice.

We appreciate how difficult and time consuming it can be to recruit staff. That's why, when you recruit an Apprentice with us, our dedicated Apprenticeship recruitment service, Job Connect, will advertise the vacancy, engage your candidates and even pre-screen them to make the process as easy as possible for you.

We help you get the best deal by finding the right funding and we handle the paperwork to make the process of arranging an Apprenticeship training programme as smooth as possible. Our employer partnership team, Apprenticeship tutors and assessment staff are experts, and we invest time and money in training and upskilling them regularly so their knowledge is up-to-date and industry standard. At The Sheffield College we go above and beyond; we know that every business is different and we help to develop Apprentices who will meet the needs of your business.

## Get In Touch

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