

The  
Sheffield  
College



VTCT

Hair & Beauty

# HAIRDRESSING - TASTER DAY PACK



Name: .....



## **Welcome to the taster session for the Hairdressing department at The Sheffield College.**

As part of the application process you will be required to complete a range of basic tasks. This helps us to determine which level of study is most appropriate for you, and allows us to personalise your experience with us when you start.

There are 5 activities for you to do

- 1.** Complete the 'Pen Profile' section.
- 2.** Research task, fact sheet.
- 3.** Watch a video.
- 4.** Practical task.
- 5.** Questions.

Please remember to give as much information and put in as much effort as you can for the assignment as this information will help us determine the level of study you will be most suited to, and allow us to identify any personal support needs for the course.

## Section 1 - PEN PROFILE

What are you called and what would you like to be called?

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How do you get to college?

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Who do you live with and where?

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What do you do in your spare time?

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What was your experience like at school?

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Where do you want to be in five years?

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What will this course enable you to do?

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Do you have any support in class for written tasks? If not, do you feel that you need any?

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Can you work independently on tasks or do you prefer guidance and tutor support?

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## Section 2 - RESEARCH TASK

Research and list as many different plaits as you can. In the chart can you grade yourself out of 10 on how confident you feel doing these?

| Name of Plait or Twist | Mark Out Of 10 (1 being Not Confident, 10 being Very Confident) |
|------------------------|---|
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Create a poster which includes all of the below types of plait. This needs to include images which are clearly labelled.

- 3 strand plaits
- French plaits
- Dutch plaits
- Corn/ Cane rows

### Optional stretch and challenge tasks - Show us what you can add!

- Find images of other types of plaits and twists to add to your fact sheet.
- Add some written description or steps for one or some of the images.
  - Source images of hairstyles with a combination of techniques.



## Section 4 - PRACTICAL TASK

Create some or all of the final plaited looks on a person or yourself and take a photo of your plaits to present back to a tutor on the first day of term.

**NOTE: Photos must not have anybody's face visible.**

## Section 5 - QUESTIONS

1. When plaiting and styling, how can you work safely and cleanly?

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2. Are there any safety considerations you can think of when working on clients?

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3. What kind of questions could you ask a client before you start doing their hair?

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4. How do you think you should behave in a salon? Can you give examples?

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**5.** What kind of qualities do you think a stylist needs to have?

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