The Sheffield College

Pathway to Independent Living Skills

Overview

The Pathway to Independent Living Skills is designed for individuals who would benefit from learning and further developing the skills that will prepare them for their future and adult life. It is designed around the Preparation for Adulthood Agenda and will take 1–2 years to complete.

The intent of this pathway is to support individuals to develop their skills in independence and self-care, confidence and communicating with others.

English and maths is delivered to all individuals on the programme through mixed delivery of discrete sessions and through embedded activities.

Some individuals will work towards an accredited English and Maths Functional Skills qualification from Entry Level 1.

What will be studied

Basic cooking techniques

Health and well-being

Being road wise

Household shopping

Developing social skills

Options - Café Work, Enterprise, Sustainability

How will individuals be assessed?

Individuals will be continually assessed against their EHCP targets through a range of methods including task-based, observations and booklet work.

Some individuals will be assessed by an external assessment for English and maths.

What can individuals do after?

Individuals may progress from Independent Living to undertake the pathway at another college campus.

Individuals may progress onto Introduction to Supported Workskills or the Pathway to Supported Workskills, or to our provision at our other campuses.

Some individuals may exit to social care.

For more information about this pathway, please scan the QR code or email admissions@sheffcol.ac.uk

